Flare Network
Epoch Cycles

2 Epoch cycles per week.

⚠️ Around Wednesday onwards

⚠️ Around Saturday onwards

Monday @ 07:01 UTC

Thursday @ 19:00 UTC

Thursday @ 19:01 UTC

Monday @ 07:00 UTC

Week Starts — 1 — 2 — Week Ends

DELEGATE FLR FOR NEXT EPOCH

To ensure your vote is included in the next epoch cycle, it's best to delegate your WFLR to one or more signal providers **before Wednesdays and Saturdays**.

LOCK PERIOD

The beginning of the lock period is chosen **at random**, roughly 42 hours from the start of the next epoch.

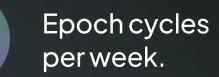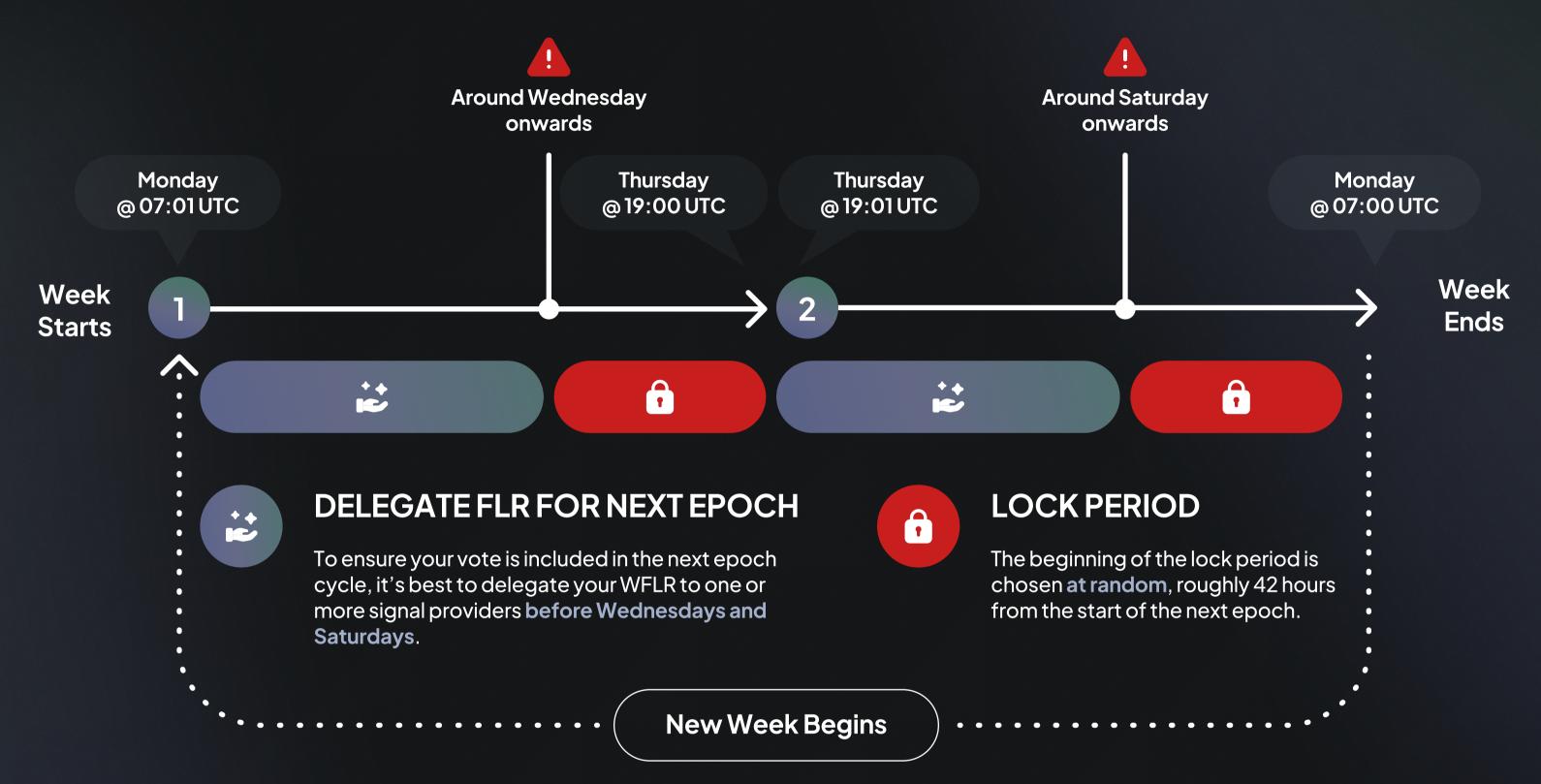**New Week Begins**

Delegated tokens begin accruing rewards after each epoch has ended.

Wrap your tokens

To delegate your Flare tokens you first need to wrap your FLR in to WFLR (Wrapped Flare). Then select one or more signal providers in the wallet of your choice.

Claim Rewards

With the Claim and Wrap feature, you can claim and wrap your rewards in one transaction. They will automatically be added to your active delegations in the form of WFLR.

FLR rewards have to be claimed within 90 days or they are forfeited and put back in to the rewards pool.

Changing providers

Once the epoch cycle begins, you are free to unwrap or change signal providers as your delegations are locked in from the previous cycle.

🔄 AUTO-CLAIM

With Bifrost Claim Bot you can automate the claiming and wrapping of rewards straight into your own account.

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